

## **#36 UPDATE: GENERAL LITURGICAL GUIDELINES**

## COVID-19 Implications for the Catholic Archdiocese of Melbourne Information Updated: 17 June 2021, 12:00pm

The following Guidelines are approved by Most Rev Peter A Comensoli, Archbishop of Melbourne, to assist Clergy and Faithful with questions pertaining to specific areas of liturgy and ministry in the Archdiocese of Melbourne during this time of the COVID-19 pandemic.

The restrictions in place are compulsory as issued under lawful direction of the Chief Health Officer of Victoria, where a State of Emergency remains in place until **16 December 2021**.

	Regional Victoria	Metropolitan Melbourne
Face Coverings	•Must be carried at all times	<ul> <li>Must be carried at all times</li> </ul>
	•Must be worn indoors (except if	• Must be worn indoors (except
	at home), or unless an exception	if at home) and outdoors, unless
	applies	an exception applies
	<ul> <li>Recommenced to be worn</li> </ul>	<ul> <li>Recommenced to be worn</li> </ul>
	outdoors where 1.5 metres	outdoors where 1.5 metres
	physical distancing cannot be	physical distancing cannot be
	maintained	maintained
Religious Gatherings	Permitted for up to <b>300 people</b>	Permitted for up to <b>150 people</b>
and	per venue (numbers include	per venue, <b>including no more</b>
Ceremonies	celebrant, musicians and	than 75 indoors (numbers
	technicians)	include celebrant, musicians and
		technicians).
	Density quotient of <b>I person</b>	
	per 4 sqm applies.	Density quotient of <b>I person</b>
		per 4 sqm applies
	Exceptions applies for exclusive	
	use by a single school. Refer to	
	MACS for details.	Exceptions applies for exclusive
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		MACS for details.
Funerals	Indoors and Outdoors:	Indoors and Outdoors:
	•Permitted with no more than	•Permitted with <b>no more than</b>
	100 people (plus those	<b>75 people</b> (plus those necessary
	necessary to conduct the funeral).	to conduct the funeral).
	•Children under 12 months old	•Children under 12 months old
	are not counted towards this cap	are not counted towards this cap
Weddings	Indoors and Outdoors:	Indoors and Outdoors:
	• Permitted with <b>no more than</b>	• Permitted with <b>no more than</b>
	<b>50 people</b> (including the two	<b>20 people</b> (including the two

As of 11:59pm Thursday 17 June 2021, the following measures will apply across Metropolitan Melbourne and Regional Victoria until otherwise advised.

	persons being married, celebrant, two witnesses)	persons being married, celebrant, two witnesses)
	• These settings apply to any	• These settings apply to any
	venue in which a wedding is held,	venue in which a wedding is held,
	except for private residences	except for private residences
	where private gathering limits	where private gathering limits
	apply	apply
Social gatherings,	Can leave home for any	Can leave home for any
visitors and leaving home	reason.	reason.
	Movement between Metropolitan	Intra-state travel:
	Melbourne and Regional Victoria unrestricted.	Removal of 25km travel limit.
		Movement between
		Metropolitan Melbourne and
		Regional Victoria unrestricted.
Private Gatherings in	Limited to <b>5 adults per day</b>	Limited to <b>2 adults per day</b>
the home	together or separately	together or separately
	(dependants of visiting adults	(dependants of visiting adults
	excluded from cap).	excluded from cap).
Public Gatherings	Permitted for up to <b>50 people.</b>	Permitted for up to <b>20 people.</b>
(park, beach etc)		
Care Facility Visitors	No visitors permitted into aged	No visitors permitted into aged
-	care or other care facility settings	care or other care facility
	except for end-of-life reasons and	settings except for end-of-life
	permitted purposes only.	reasons and permitted purposes
		only.
Hospital Visitors	No visitors permitted into aged	No visitors permitted into aged
	care or other care facility settings	care or other care facility
	except for end-of-life reasons	settings except for end-of-life
	and permitted purposes only; as a	reasons and permitted purposes
	support partner for birth, or a	only; as a support partner for
	parent to accompany a child.	birth, or a parent to accompany
		a child.
Work	If you can work from home, you	If you can work from home, you
	should continue doing so. Capped	should continue doing so Capped
	at 75%, or up to 30 people if total	at 50%, or up to 20 people if
	workplace is 40 or less.	total workplace is 40 or less.
QR Contact tracing	workplace is 40 or less. 15-min threshold removed.	total workplace is 40 or less. I 5-min threshold removed.
QR Contact tracing		

Under no circumstances should anyone awaiting a COVID-19 test verification, including Clergy (even without presenting symptoms) attend a church or parish setting until a diagnosis is confirmed. Additionally, under no circumstances should anyone attend who is closely connected to people who are awaiting test results or who have tested positive.

## VICTORIA

We welcome the opening up of our places of worship and opportunities for gathering, but remain mindful and respectful that many in our community remain feeling cautious and

anxious, and that density quotients will prevent our full communities gathering as they would wish.

For the time being, all Catholics in Melbourne continue to be dispensed from the obligation to attend Sunday Mass until further directed by the Archbishop. We continue to carry the happy obligation to keep Sunday holy, whether we can attend Mass or not, and can do so by any kind of prayer with members of our household and parish, reading holy scripture, and encouraging one another in our faith. Prayerfully watching an online Mass continues to be a great source of comfort on Sundays.

Where applicable, the following Liturgical Guidelines will apply noting the difference in allowances between Metropolitan Melbourne and Regional Victoria

Places of	
	<ul> <li>In Metropolitan Melbourne (indoors or outdoors):</li> </ul>
Places of Worship and Religious Gatherings	<ul> <li>In Metropolitan Melbourne (indoors or outdoors): Permitted for up to 150 people per venue, including no more than 75 indoors, under a density quotient of I person per 4 sqm applies;</li> <li>In Regional Victoria (indoors or outdoors): Permitted for up to 300 people per venue, density quotient of I person per 4 sqm applies;</li> <li>Places of worship must use electronic record keeping through the free Victorian Government QR Code Service. coronavirus.vic.gov.au/qrcode;</li> <li>The 15-min threshold has been removed and all venue attendees must register via the QR Code system;</li> <li>Face coverings must be worn indoors unless an exception applies. In both Metropolitan Melbourne and Regional Victoria it is recommended they be worn outdoors where 1.5 metres physical distancing cannot be maintained;</li> <li>Hygiene precautions must be maintained at all times;</li> <li>A place of worship can have indoor or outdoor religious gatherings at the same time.</li> <li>Places of worship can continue to be open for essential public support services. Essential public support services include food banks, help for people experiencing homelessness or other essential activities. A distance of at least 1.5 metres must be kept between people.</li> <li>Outdoor religious gatherings must be held in an outdoor space that is near to the place of worship hosting the service Note number capacity regulations listed above. This means: - a service could be held on the grounds of a place of worship or in the car park;</li> </ul>
	- a public outdoor space, like a park, close to the place of worship. You may need a permit from your local council. You can find your local council using <u>Know Your Council</u> ;
	- schools that want to host an outdoor religious ceremony should do so near their place of worship. Schools can find

further information on <u>advice for schools</u> and through
Melbourne Archdiocese Catholic Schools.
These Liturgical Guidelines are intended to assist Clergy and faithful in the reverent and joyful celebration of Holy Mass while maintaining the health and safety precautions offered through health and government authorities. It is by carefully observing the directives and precautions outlined in this document that the celebration of Mass, even with continued limitations of restrictions, can take place prudently. We look forward to gathering together with all our people to safely celebrate the Eucharistic Sacrifice, but in the meantime we will follow these guidelines with diligence, using common sense and respect for others.
<ul> <li>In Metropolitan Melbourne and Regional Victoria - all people must carry a face covering when they leave home unless they have a lawful reason not to. Face coverings must be worn indoors (except if at home), or if an exception applies. In both Metropolitan Melbourne and Regional Victoria it is recommended they be worn outdoors where 1.5 metres physical distancing cannot be maintained;</li> <li>Sanitiser must continue to be used regularly throughout the Liturgy, and celebrants must visibly sanitise before and after the distribution of Holy Communion.</li> <li>For Clergy: A reminder that face coverings must be worn as you enter for Mass. They may be removed during the celebration of Holy Communion and at the conclusion of Mass as you process out.</li> </ul>
<ul> <li>SINGING (see reference further below)</li> <li>LITURGY OF THE WORD</li> <li>In Regional Victoria and Metropolitan Melbourne: <ul> <li>All participants must wear a face covering when indoors at all times (except if at home) and unless under 12years of age or have a lawful reason not to.</li> <li>The reader may lower his/her face covering for the readings. This applies as well for the Universal Prayer.</li> <li>This same direction is extended for a cantor (or singers where further numbers permit): when the cantor is singing, the face covering may be lowered. It must be worn at all other times.</li> </ul> </li> <li>LITURGY OF THE EUCHARIST <ul> <li>The hosts to be consecrated for the faithful should be placed on a separate Paten (or Ciborium) to the Paten holding the host that the priest will consume.</li> </ul> </li> </ul>

• All concolobrating priosts must intinct, thereby receiving the
<ul> <li>All concelebrating priests must intinct, thereby receiving the Body and Blood of Jesus Christ.</li> </ul>
HOLY COMMUNION
The following information is designed to allow for the distribution of Holy
Communion at Mass in a safe manner for both ministers and
communicants. All liturgical norms that govern the ordinary distribution of
Holy Communion are observed in these norms, preserving the integrity of
the celebration and distribution of the Eucharist.
We are now able to gather, even though with small numbers, and to
again receive Holy Communion. Receiving Our Lord in this way is a
moment of great significance and of personal intimacy with Jesus, and
the Church wants to ensure it is done with dignity and respect.
The Sacrament may be received without restriction both on the
tongue and in the hand at the decision of the person who is
distributing Holy Communion. The Archbishop leaves it to each
minister distributing the Sacrament to determine whether they feel
comfortable doing so on the tongue at this stage. Everyone is asked
to be patient – we have a number of clergy and people who are in a
high risk category for their health due to age or other factors, so the
lifting of this provision is subject to the minister in each
circumstance. Ministers are asked to show care and regard for
communicants, most of whom have not been at Mass in any regular
way for most of the year.
All participants must wear a face covering indoors at all times, unless
under 12years of age or have a lawful reason not to;
The following directions are recommended:
The Priest or (minister) and Communicant.
In Regional Victoria and Metropolitan Melbourne as follows:
Face Coverings are to be worn for the distribution of Holy
Communion.
- Communicants are only to receive the Host, there is to be no
<ul><li>sharing of the Chalice.</li><li>Instructions on receiving Holy Communion should be given</li></ul>
to communicants at the time of the Fraction Rite.
<ul> <li>Minister sanitises hands before beginning distribution.</li> </ul>
- Each communicant comes forward to a place approximately
1.5 metres away from the minister and removes one side of
their mask, and sanitises their hands at a sanitation station
provided nearby.

	<ul> <li>The communicant then enters into dialogue with the minister: "Body of Christ"; "Amen." from the 1.5 metre distance.</li> <li>Minister places the host slightly above the outstretched and flat hands of the communicant who receives the Blessed Sacrament then steps to the side to place the host on their tongue.</li> <li>The communicant replaces their face covering and returns to their seat.</li> <li>During the distribution of Communion, if the minister makes physical contact with the communicant, the minister will be required to sanitise his hand thoroughly. For such sanitisation to be possible, a table with hand sanitiser should also be placed in proximity to the minister distributing Communion.</li> <li>Minister must sanitise their hands after completing distribution.</li> <li>Those receiving Holy Communion on the tongue should be requested to present last. It is advised that sanitation take place between each communicant in this instance.</li> </ul>
Singing	<ul> <li>Singing is permitted under certain conditions:</li> <li>In Regional Victoria and Metropolitan Melbourne, face coverings must be worn by the congregation when singing indoors at all times. This will create difficulties for singing, and congregants should be encouraged to either refrain from singing, or to do so softly.</li> <li>Face coverings must be worn by cantors or choirs indoors. They may be removed during the period of singing but must be replaced and worn otherwise.</li> <li>Further recommendations when singing can take place include: <ul> <li>Singing outside, or in a well-ventilated room (with windows open);</li> <li>Physical distancing of at least 2 metres between each person while singing;</li> </ul> </li> </ul>
	<ul> <li>Short performances (of less than an hour);</li> <li>singing softly;</li> <li>Fans, free standing or ceiling, are not recommended for use in enclosed indoor spaces for singing. Performers should be 5 meters from the audience where practical.</li> </ul>
Private Worship	<ul> <li>Places of worship may be open for private worship in Regional Victoria and Metropolitan Melbourne</li> <li>In Regional Victoria and Metropolitan Melbourne where permitted, face coverings must be worn by anyone attending indoor prayer;</li> </ul>
	<ul> <li>There is no specific limit on time for private prayer, but all number caps for either Regional Victoria or</li> </ul>

	Metropolitan Melbourne, and density quotients must be
	adhered to, as well as distancing, hygiene precautions. All factors should form part of the parish COVIDsafe plans;
	<ul> <li>Note record keeping requirements below.</li> </ul>
Record Keeping	<b>o</b> 11, 1
	rule and use electronic record keeping through the free Victorian Government QR Code Service.
	The 15-minute threshold has been removed and all venue attendees
	must register. Venue number caps musts be adhered to depending on region.
Signage	Where a place of worship has a publicly accessible space, faith
	organisations must display signage at each public entry to each indoor and outdoor space, indicating maximum capacity, COVIDSafe hygiene and physical distancing requirements.
Cleaning	Faith organisations should ensure shared spaces and public spaces are
	cleaned with disinfectant regularly, with high touch surfaces cleaned twice each day. Shared equipment should be cleaned between uses.
	• Reusable and communal resources such as service sheets, religious
	texts, etc. may be used but must be cleaned between uses. It is
	recommended that single use print outs be used, or people should be encouraged to bring their own items of significance.
	• Devotional items may be left in place but must be venerated in ways that do not involve touching or kissing them (such as by bowing
	or other faith appropriate action).
Weddings	Weddings can be held indoors or outdoors under the following conditions:
	In <b>Regional Victoria</b> , Weddings are permitted with <b>no more</b> <b>than 50 people</b> (including the two persons being married, celebrant, two witnesses).
	In <b>Metropolitan Melbourne,</b> Weddings are permitted with no more than <b>20 people</b> (including the two persons being married, celebrant, two witnesses).
	A place of worship must apply the <b>four square metre rule</b> to ensure people have enough room to maintain 1.5 metres distance between them. The square metre rule includes the couple and the celebrant, but not the photographer. Children under babies 12 months of age are not included.
	• Face coverings must be worn by all participants indoors, except the Bride and Groom who do not need to wear face coverings during the ceremony.

Funerals	<ul> <li>Face coverings can be removed for photos, but people must be encouraged to stay 1.5m away from others.</li> <li>Hygiene precautions must be maintained throughout;</li> <li>It is recommended that face coverings be worn outdoors in Metropolitan Melbourne and in Regional Victoria where 1.5 metres physical distancing cannot be maintained;</li> <li>A photographer is not counted as a guest under the wedding gathering limits. There is no limit on the number of photographers or videographers for each wedding. When taking photos, a photographer should always stay 1.5 metres away from others.</li> <li>Following a wedding, the church must be cleaned.</li> </ul> Funerals can be held indoors or outdoors under the following conditions: <ul> <li>In Regional Victoria, Funerals are permitted with no more than 100 people (and those necessary to conduct the funeral);</li> <li>In Metropolitan Melbourne, Funerals are permitted with no more than 75 people (and those necessary to conduct the funeral);</li> <li>Children under 12 months old are not counted towards this cap;</li> <li>Places of worship must apply the four square metre rule to ensure people have enough room to maintain 1.5 metres distance between them;</li> <li>Face coverings must be worn by all participants including those conducting the funeral and any technicians or musicians;</li> <li>Hygiene precautions must be maintained throughout;</li> <li>It is recommended that face coverings be worn outdoors in Metropolitan Melbourne and in Regional Victoria where 1.5 metres distance between them;</li> </ul>
	<ul> <li>Following a funeral, the church must be cleaned.</li> </ul>
Baptisms	<ul> <li>Baptisms may be celebrated in Regional Victoria and Metropolitan Melbourne under the latest indoor and outdoor Religious Gatherings and Ceremonies limits.</li> <li>All participants must wear a face covering when indoors at all times, unless under 12years of age or have a lawful reason not to. Even with a face covering, participants should keep at least 1.5 metres distance between themselves and others (unless they are people that live with each other). It is recommended that face coverings be worn outdoors in Metropolitan Melbourne and in Regional Victoria where 1.5 metres physical distancing cannot be maintained;</li> </ul>

	• Face coverings can be removed for photos, but people must
	be encouraged to stay 1.5m away from others;
	Baptism by immersion or baptisms using already blessed
	water are to be avoided. Fresh water is to be used in every
	individual instance of baptism, and immediately drained
	afterwards;
	<ul> <li>Fresh water is blessed and used for each baptism;</li> </ul>
	• The child to be baptised is held by the parents throughout;
	• The welcoming blessing of the child is done by the priest
	without physical contact with the child;
	<ul> <li>The two anointings are done using single-use cotton buds;</li> </ul>
	• The water is poured by the priest on the head of the child
	from above;
	• The dressing of the child in a white garment is done by the
	parents;
	<ul> <li>The lighting of the candle is done by the person holding the</li> </ul>
	candle;
	<ul> <li>Hygiene precautions must be maintained throughout;</li> </ul>
	<ul> <li>Following a Baptism indoors, the church must be cleaned.</li> </ul>
Penance	In Regional Victoria and Metropolitan Melbourne, First and
	Second Rite of Reconciliation may be celebrated in line with
	all applicable density, distancing and hygiene regulations.
	an applicable density, distancing and hygiene regulations.
	<ul> <li>Face coverings must be worn indoors at all times;</li> </ul>
	The I5mins threshold has been removed, and Record
	Keeping is now mandatory;
	<ul> <li>If there arises an urgent need to impart sacramental</li> </ul>
	absolution to several people together out of grave necessity
	(eg. to a group of persons in a hospital setting who are dying
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	from Coronavirus), then permission is to be sought from the
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<ul> <li>In consultation with the Regional Vicar, in parishes with large numbers of candidates, a parish priest may enlist another parish priest from a neighbouring parish to assist with some sessions;</li> <li>When possible, pastors should provide live-streaming services of the celebration of the Order of Confirmation. This will offer the Confirmandi and families happy memories about this important celebration.</li> </ul>
<ul> <li>B. The Celebration</li> <li>The Sacrament is to be celebrated using the approved Rite of Confirmation (within Mass or Outside of Mass);</li> <li>All participants, including the celebrant, must wear face coverings unless they are under 12 years of age or have a lawful reason not to;</li> <li>The four square rule for a Place of Worship must be</li> </ul>
<ul> <li>applied;</li> <li>Conduct all standard protocols for preparing and sanitising the liturgical space before and after the celebration;</li> <li>The Priest is to follow the health and safety guidelines enumerated in the Archdiocesan guidelines for the celebration of the Mass;</li> <li>Prior to the start of the liturgy, a small table should be placed appropriately that would hold the Sacred Chrism, a purificator, sufficient cotton swabs (1 for each candidate), and an empty container (with a lid) to act as a receptacle for the disposal of the swabs;</li> <li>The Priest, the candidate for Confirmation (if over the age of 12), and the proxy sponsor/sponsor are to wear a face covering throughout the sacramental action.</li> </ul>
<b>C. Gestures during Confirmation</b> The Laying on of Hands: This is to take place by a gesture of extending your hands over and above the heads of the group of candidates to be confirmed, as the Prayer of Confirmation is said. There is to be no physical contact with anyone to be confirmed.
<ul> <li>Anointing with Chrism:</li> <li>The Sacred Chrism to be used during the Sacrament should be poured into a separate vessel than the one in which the Chrism is kept. The vessel must be sanitised properly before use.</li> <li>The Priest is to sanitise his hands prior to the anointing with Chrism.</li> <li>A single-use cotton swab, dipped into the Chrism, must be used to anoint. There is to be no physical contact with the one being anointed. The tip of the cotton swab is used to anoint on the forehead. The cotton bud is to be immediately disposed of after each single use in the container provided. A new cotton bud is to be used</li> </ul>
for each person to be anointed. - The Priest should use sanitiser as often as needed.

	Gatherings and meetings on Church sites (Parish Halls) can take place under specific guidelines. Following Government directives for Community Facilities and for Places of Worship, gathering on Church
Gathering on Church Sites	For Regional Victoria and Metropolitan Melbourne:
Livestreaming	In both <b>Regional Victoria and Metropolitan Melbourne</b> , technicians are included in the number limits and must adhere to density quotients and distancing. Face coverings must be worn indoors.
	<ul> <li>Other Considerations</li> <li>If pictures are requested by the Confirmandi for their families, it should be taken in a planned and orderly manner so as to observe physical distancing at all times.</li> <li>Simple gatherings after the celebration of Confirmation may take place and must follow the directives under Social Gatherings.</li> <li>When recording in the Register the name of the priest who has confirmed, note is to be made of the delegation granted by the Regional Vicar, if appropriate. The same applies in notifying the Parish of Baptism of the one confirmed. It is the Sponsor's name, not the name of the proxy sponsor that should be registered.</li> </ul>
	Sponsor/s: If the density quotient for a church does not allow large enough numbers to be present, it is encouraged that one proxy sponsor stand in the place of the sponsors for all the candidates to be confirmed in a single Liturgy. If adequate spacing and capacity allows, each candidate may have their individual sponsor present along with family. The sponsor is to remain near to the one to be confirmed, but no physical contact is to be made. The sponsor is not to place their hand upon the shoulder of the one to be confirmed, and must wear their face covering at all times unless they are a member of the household.
	usual way. Gesture of Peace: The gesture of peace (e.g. hand shake, the touching of the cheek), no longer envisaged in the current Ritual, is to be dispensed with entirely. The gesture is not to take place. The words of the exchange of peace, however, are still to be said. Other Actions: All other gestures or symbolic actions involving physical contact or sharing are not permitted (e.g. lighting of candles; presenting of symbols for confirmation; issuing of certificates; etc.).
	<ul> <li>Any leftover Chrism in the vessel should be disposed of in the liturgically proper manner. It should not be returned to the container in which the Chrism is usually stored.</li> <li>If needed, more Chrism can be obtained from the Cathedral in the</li> </ul>

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	In <b>Metropolitan Melbourne</b> private gatherings in the home are limited to <b>two (2) adults</b> per day together or separately (dependants of visiting adults are excluded from the cap).
Hospitals or	In Regional Victoria and Metropolitan Melbourne:
Care Facilities	<b>Hospitals:</b> Visitors permitted into aged care or other care facility settings for end-of-life reasons and permitted purposes only, as a support partner for birth, or a parent to accompany a child.
	<b>Aged Care:</b> Visitors permitted into aged care or other care facility setting for end-of-life reasons and permitted purposes only. Visits from a prospective resident is permitted with no more than one person accompanying.
	Visitors to any Hospital or Care Facility across Victoria must wear a fitted face covering. Contact should be made with the hospital or facility before visiting as they may have additional requirements, conditions or restrictions for visitors.
	<ul> <li>As previously communicated, when Anointing the Sick, permission is given to lay on hands by holding them above, rather than upon the head, so as to avoid physical contact. The anointing is to be carried out by dipping a cotton wool ball, cotton bud into the bottle of Oil (do not use an Oil Stock).</li> </ul>
	<ul> <li>Protective gloves could also be used, which can be disposed of appropriately after a single use. Anointing the head would be sufficient.</li> </ul>
	<ul> <li>If Holy Communion is given, follow the guidelines below:</li> <li>Instructions from the health or care facility regarding sanitising and PPE; Wash hands or use a hand sanitiser once you enter a home (if applicable) must be met;</li> </ul>
	- Avoid any physical contact with the person or family during the visit;
	<ul> <li>Use a hand sanitiser again before distributing Communion;</li> <li>If the communicant usually receives Communion on the tongue, strongly encourage him or her, for your safety as well as his / hers, to receive Communion in the hand;</li> <li>Wash or sanitise your hands after the visit;</li> <li>Maintain optimum physical distance with everyone in the room, except the patient;</li> </ul>
	<ul> <li>Do not offer comfort through any physical contact.</li> </ul>

	Physical distancing to the extent possible, disinfecting hands before and after pastoral encounters, and other current measures must be applied at all times.
Ministering to COVID-19 Patients	Health officials will be able to guide what is possible and permissible.